

# Peanut/Tree Nut Free Snacks



**NOTE: Due to continual changes in manufacturing processes, always check labels carefully to make sure the listed products are nut free. This includes labels that read “May contain traces of peanuts/tree nuts” or “Processed in a facility or on equipment that processes products that contain peanuts/ tree nuts”.**

## Fruits/Veggies

Pre-packaged fruits and vegetable trays from Safeway & King Soopers

Whole fruits and veggies **must** be cut at school to avoid cross-contamination risks

## Cheese/Dairy

- Activa/Dannon/Yoplait/Chobani/Stoneyfield-yogurt cups, yogurt tubes
- Gogurt-yogurt tubes
- Precious/Frigo/Sargento/Kraft/Horizon-string cheese

## Crackers & Salty Snacks

- Snack Factory Pretzel Crisps-Plain or Garlic Parmesan
- Rold Gold-Thins, Sticks, Rods, Tiny Twists
- Smart Food-White Cheddar
- Rocky Mountain Popcorn Co.-all flavors
- Stacy’s Pita Chips-Simply Naked
- Sun chips-Original, Harvest Cheddar, French Onion
- Pop Secret-Original flavored popcorn
- Keebler-Club Crackers
- Orville Redenbacher’s Naturals microwave popcorn
- Ritz-Original, Whole Wheat
- Townhouse-Original, Wheat
- Triscuit-Original, Hint of Salt
- Wheat Thins-Original, Hint of Salt, Reduced Fat
- Goldfish-Cheddar, Colors
- Cheez-It-Original, Reduced Fat, Big, White Cheddar
- Pepperidge Farm Baked Naturals-Cheddar Cheese Crisps
- Dorito-Nacho Cheese, Cool Ranch

## Misc.

- Sun-Maid-raisins
- Quaker Quakes Rice Cakes-Caramel Corn, Ranch, Cheddar Cheese
- Cascadian Farm granola bars-Chocolate Chip, Oatmeal Raisin, Vanilla Chip ONLY
- Materne-Go Go Squeez Applesauce Squeezers
- Nabisco Honeymaid-Honey, Chocolate, Cinnamon,
- Teddy Grahams-Cinnamon, Honey
- Ocean Spray-Cranraisins
- Kellogg’s Nutri Grain Cereal Bars-Mixed Berry, Apple, Blueberry, Strawberry, Raspberry
- General Mills-Cheerios Original ONLY
- Betty Crocker-Fruit Roll Ups, Fruit by the Foot, Fruit Flavored Snacks
- Clif Kid-Z Fruit rope, Twisted fruit rope
- Simply Balanced-Fruit strips (all flavors), Fruit Snacks, Twisted Fruit Ropes
- Stretch Island Fruit Co.-Fruit Strips

# Peanut and Tree Nut Free Treat List

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## Frozen

- Dole Fruit Bars
- Breyers Fruit Bars
- Minute Maid Juice Bars
- Dreyers Outshine- Popsicles,Fruit Bars
- Otter pops
- ICEE
- Welches Fruit Bars
- Luigi’s Real Italian Ice
- Jello-Pudding Cups (chocolate, vanilla and swirl)
- Jello-Gelatin Snack Cups

## Candy

- Swedish fish
- Starbursts
- Skittles
- Dots
- Jolly Ranchers
- Dum Dum suckers
- Tootsie Rolls
- Tootsie Pops
- Twizzlers
- Red Vines Licorice
- Mike and Ikes
- Wonka’s Nerds
- Laffy Taffy
- Runts
- Lifesaver Gummies
- Smarties
- Sweet Tarts
- Hot Tamales
- Jolly Rancher Hard Candies
- Surf Sweets –Gummies & Jelly Beans
- Andes mints
- Junior mints
- Pez
- Sixlets
- Haribo Gold Bears
- Sour Patch Kids
- Hershey Kisses –Milk Chocolate and Special Dark ONLY
- Lifesavers hard candies

## Cookies/Other

- Nabisco- Nilla Wafers
- Skeeter - Chocolate Chip Minis, Chocolate Grahams, Cinnamon Grahams
- Newtons- Original Fig, Strawberry, Raspberry
- Lucy’s Gluten Free Cookies- Chocolate, Chocolate Chip, Cinnamon Thin, Ginger Snap, Sugar, Maple Bliss
- Barnums Animal Crackers- Original
- Jet Puffed/Kraft-marshmallows
- Dolci Frutta-chocolate hard shell fruit dip
- Keebler Vanilla Wafers – Original, Mini
- Oreos-Original
- Back to Nature-Chocolate Chunk Cookies